

## RYLA Participant What to Bring to RYLA Conference

- Sleeping bag or sheets and blankets
- Pillow
- Bath Towel
- Toiletries
- Flashlight
- Warm Clothing
- Rain Gear/Umbrella
- Cold Weather Gear
- Footwear for muddy activities
- Extra Socks/Pants for muddy activities
- **Pen/Pencil Notebook**
- School Shirt to trade (optional)

### Special Notes

- I suggest you leave your I-pod, MP3 player or CD player at home. You will be asked not to wear/use them during all activities. You may bring them if you wish to use during free time or for exercising on your own.
- Leave any jewelry or valuables at home. You do not need any money at RYLA
- Jeans do not dry well if they get wet
- Weather may be warm, cold or raining, prepare accordingly
- Frozen pizza, popcorn, pop and water and other snacks will be provided for late night snacking.

### Expectation of Students

- Males may not be in the females rooms in the Lodge or in their cabin or vice versa for any reason at any time for any reason. Violation will result in parents being called to come and get student.
- Please feel free to bring your cell phone but they must be turned off during all sessions and team building activities. Please try to not call friends this particular weekend. You will gain a lot more from the experience and focus should be on learning and having a great time!
- Participation and sharing is expected of all students, you will be asked to participate and share your thoughts, opinion and ideas.
- Participants must speak to sponsoring Rotary Club at one of their meetings. (They meet weekly in the town you are sponsored from) I will give you all the information to make the arrangements or do it for you should you wish.

Remember, you will be given a photo/video DVD of the weekend and a tee shirt before you depart on Sunday.